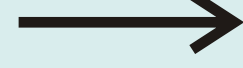


Students' Corner



Teacher's Corner

ನದಿ

ದಿಗುತಟದಲಿಹರಿಯುತ್ತಿದೆ
ಎಲ್ಲೆಲ್ಲೂಮರೆಯುತ್ತಿದೆ
ನೋಡುವಕಣ್ಣುಮೃದುರೆಯುತ್ತಿದೆ
ಮನಸ್ಸಿನಭಾವನೆಹೊರಚಿಮ್ಮುತ್ತಿದೆ
ಪ್ರಕೃತಿಯಪುಟತೆರೆಯುತ್ತಿದೆ.

ಸುಮಗಳುನಲಿದಿವೆನೀರಿನ
ಜುಳುಜುಳುಸದ್ದನುಕೇಳಿ
ಮನಗಳುತಣಿವೆನದಿಯ
ಕಲಕಲನಾದವಕೇಳಿ.

ಆನಿನಾದವಕೇಳಿಮರೆತನಾ
ಬಾಳಿನನೋವಾ
ಆನಿನಾದವಕೇಳಿಕಂಡನಾಹೊಸಕನಸಾ.
ತನ್ನಿಂದಲೇಪ್ರಕೃತಿಯ
ಸೊಬಗಂದುತನ್ನಿಂದಲೇಜಗ
ಎಂದುಸಂತಸದಲಿನಲಿಯುತಿಹುದು
ಸಂತಸದಿಹರಿಯುತ್ತಿಹುದು.

— ಕವಿಯ. ಎಂ



Amith R, 10 A



Ananya 7 A



Karthik 10 A



Nikshitha 10 B



Rakshitha R 9 A



Sevitha 10 A



Tanishka 10 A



Vinith 10 A

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Endurance: Getting Tough in Your Mind

Sneha was a good student all through her school days. She was enterprising, thought differently and applied her mind in whatever she did. Her ability to question things nurtured her analytical thinking skills. After her days at school, she went on to study engineering, where she came out quite successfully. Not contented, she went to pursue post-graduation in her chosen subject in a foreign university. She was single-minded in what she wanted and thus was not just another face in the crowd.

after a series of several interviews for a prestigious company, was finally selected. She was obviously delighted that she got what she aspired. Her hard work had paid off. She began preparing to move into the other country. And then the news came that because of some disturbances in that part of the world, the company had to review and cancel her appointment! Indeed, like any young girl, she too had already begun to celebrate. So, news of this cancellation was a setback she did not expect. The main obstacle was also that being an Indian citizen, she could not go after many opportunities. While most of her classmates had a smooth time getting jobs because they were from nearby countries in the geographical region, Sneha had to merely watch as a mute spectator.

Sneha began to quickly collect herself and weigh her options. Of course, she had to start all over again. She began to recoup and work towards her next goal. It was only a matter of time before she made it to her dream job. Expectedly, she was able to make it because she had the talent, the temperament and most importantly, she knew the value of her success.

What we see in Sneha's journey is her success. But what we do not see beneath is Sneha's inner strength. You call this endurance. Endurance is the ability to stand up to obstacles and unexpected hardship, in your pursuit of your goals, whether long term or short term. Sneha had to endure the conditions, a different culture and unexpected cancellation of her prized job.

As she stepped in the alien country, there was hardly another Indian student in her class. In fact, there were hardly any Asians in the university! Sneha was a vegetarian from Namma Bengaluru. And to expect to find vegetarian food options in other countries, is like going in search of water in the desert! She didn't complain. She could get bread, butter, rice, vegetables and curds in the nearby supermarket. With these, she would put together something to feed herself on timely basis. Time passed. She came trumps in a class where English language itself was not the common language.

It was time for placement on campus. Sneha was particular that she wanted to work in a specific industry in a nearby country. She worked for it and

Endurance is and will be the most important quality that you cannot learn through the text books at school or college. You need endurance to overcome countless small and big impediments in our daily lives. Many people keep complaining about small things. By doing so, your focus will be limited to smaller goals. You cannot raise your vision to something big in life.

So adopt a mindset, wherein you tell yourself that nothing comes easy. Be prepared for a rough road. We cannot tell what kind of conditions we will encounter in the future. But with an ability to endure, we can overcome and win!

Inside

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अङ्गीकृतं सुकृतिनो न परित्यजन्ति ।



World Environment Day: 5th June 2022

“Only One Earth” Living Sustainably in Harmony with Nature.
Seven billion dreams, one planet, consume with care!

World Environment Day is celebrated on June 5th every year to raise awareness about degrading environmental conditions and to encourage people globally to take positive environmental actions, to help create a better future.

We, at MEC Public School organized an awareness programme to ensure that the future generations are able to enjoy the same, safe and healthy planet that we inherited and exemplified the seriousness of the environmental pollutions and its global impact through cultural events and nature centered activities.



International Yoga Day: 21st June 2022

“Yoga for Humanity” Aiming to inspire the yoga community for global development.

Yoga inculcates strength, endurance, confidence and a great mind-body-soul harmony. Yoga Day was enthusiastically observed at MEC Public School, where the students demonstrated various yoga asanas while simultaneously talking about the value of the practice. They later displayed gorgeously created postures illustrating the advantages of yoga and made a commitment to incorporate this practice into their daily lives. Mantra was chanted to support holistic approach to health and well-being.

The programme concluded with a speech by our Director Operations, Dr. S. K. Tripathi, who emphasized that yoga is just not an exercise, but it is an ancient mind and body practice which combines physical postures, breathing techniques, meditation and relaxation. He also encouraged to practice yoga which helps students to remain fit, improve concentration and also to maintain inner peace and relax their minds.



School Council Election: 6th July 2022

Our students of Grades 6-10 actively participated in the process of election with great zeal and commitment. The shortlisted candidates from Grades 9 & 10 visualized their intellectual skills and leadership qualities through their campaigns.

The process of election was successfully accomplished by the students. The winners were selected by a diligent process by a mountain of applicants. Aditya R. Bulbule of Grade 10 and Roshan Santhosh of Grade 10 were elected Captain and Vice-Captain respectively for the academic year 2022-23.



Inauguration of Clubs: 6th July 2022

School clubs create small communities. They attract people who share the same interests such as in music, arts, or sports. Club activities help students develop a sense of unity and teamwork, learning how to work with others in reaching the same goals. They help learners develop social skills.

“Clubs are the instruments through which one can showcase their inner talents”. The inauguration of various clubs of our school for the academic session 2022-23 was initiated to build team work, communication and sense of belonging.

The clubs inaugurated are:

- Humanity Club
- Literary Club
- Sadhbhavana Club
- Science Club
- Mathematics Club
- Fine Arts Club
- Sports Club



Each club has its own significance and a role to be played in the overall development of the students, which offers an important space to have fun-based learning through competitions and events.





Founders' Day: 12th July 2022

Founder's Day is traditionally a very important day in the school calendar when members of the school community - students, staff and friends meet to commemorate those who established the school and bequeathed the legacy of education.

An atmosphere of celebration filled our school when the members of MEC family along with the students gathered to celebrate the Semi-Centennial year of the school. On this occasion our secretary, Dr. C. Vidya delivered a short yet interesting speech, remembering the sacrifice, hard work and dedication of our beloved founders, Smt. Vishalakshamma and Sri. N. Chandrashekar and thanking those who sit today with their great deed, hands in their hands, eyes in their eyes with one vision. She also spoke about the vision of the multi-faceted school and praised the school for its marvelous achievements.

The programme concluded by thanking and aspiring to have a vision of high intentions, sincere efforts and intelligent execution.

We witnessed a rainbow of cultural programmes of our students to sink into the depth of pleasure and happiness.



Guru Poornima: 13th July 2022

Guru Poornima is a spiritual celebration dedicated to acknowledge the contribution of the gurus and teachers by the disciples. It is a major traditional festival that is celebrated throughout India with great fervour and zeal to honour all the enlightened masters, gurus and teachers who have dedicated all their lives towards self-realization and spreading enlightenment throughout the world without any personal gain.

Being a special day, students initiated the day by chanting Dakshinamurthy stotra, Gurupaduka stotra, Gurushtaka and was followed by an inspirational speech highlighting the importance of gurus in a student's life.



Investiture Ceremony: 6th August 2022

Leadership is the capacity to transform vision into reality.

MEC school inculcates the sense of responsibility and commitment among the students with their heads held high, ready to receive the delegation of responsibility and authority of being powerful and caring at the same time, embarking a new endeavour as leaders upholding the legacy of the school.



A spirit of unity and dynamism filled the air with a grand ceremony to acknowledge the investiture ceremony of this academic year by receiving the prestigious flag, badge and sash from the Director Operations, Dr. S. K. Tripathi. School Captain, Vice-Captain, House Captain and Vice-Captains, Sports Captain and other school leaders, stood tall while holding the flag of MEC as destiny prepared itself to bring in many laurels to the institution. It was a proud moment for the gathering to witness our students being invested with great responsibilities.



Friendship Day: 10th August 2022

Friendship Day marks one's dedication towards friends and realizing their significant presence in life.

Our MEC tiny tots celebrated Friendship Day by tying friendship bands to each other and cherished the true friendship of Krishna and Sudhama.



Independence Day: 15th August 2022

Independence Day is celebrated with great enthusiasm all over India. It promotes nationalism and patriotism towards the nation.

Keeping the tradition alive, MECians celebrated this remarkable day by remembering the sacrifices of great freedom fighters at Smt. Vishalakshamma Kreedangana.

The event commenced by hoisting of the tri-colour flag by the Chief Guest, Director Operations, Dr. S. K. Tripathi, followed by march past, speech and importance of the day by students along with drill exercises and cultural activities.

Our students also represented MEC in the inter-school celebration at Hoysala Ground.





Krishna Janmashtami: 22nd August 2022

Krishna Janmashtami marks the birth of Lord Krishna, which is celebrated with great belief and devotion.

Our tiny tots were dressed up like little Radha and Krishna and celebrated the day by breaking the 'Dahi Handi', chanting bhajans creating divine environment.

Our parents' extended efforts are seen in offering variety of delicacies like laddu, chakli and fruits for Lord Krishna's naivedyam.



Samskrutha Sapthaha: Sept. 27-29, 2022

भारतस्य प्रतिष्ठा द्वे संस्कृतं संस्कृतिस्तथा

Vishwa Samskrutha Divas is celebrated to illuminate the world about the language that is deeply rooted in the Indian culture and paying tribute to the highly scientific and extremely concise language.

Sanskrit week honours the beginning of the Sanskrit language and calls on people to continue using it. The main objective is to promote this ancient language and to maintain its essence across the nations.

The immaculacy and dignity of the language was visualized with a week-long cultural programmes by our students which served to remind us about the spirit of our rich language. It was concluded with our Principal urging students to respect and take pride in imbibing the culture and values of our vast Indian Culture.



Red Day Celebration: 9th September 2022

"The colour of love and smiles illuminate the air with energy, vigour and exuberance....."

'Red' colour symbolizes enthusiasm, life and vitality. The day embarked spreading the red ambience in the atmosphere. Our little ones spent a spectacular red day by dressing themselves as red angels and rock stars.

Special assembly was conducted emphasizing the significance of the colour 'Red'. The young ones sang Red Day songs and created aesthetic pieces of art.

The 'Red Day' celebration was a wonderful learning activity which helped children to sort and classify objects based on colours thereby reinforcing cognitive skills. It was a scintillating day with innocent faces gleaming and reflecting brightness, joy, love and happiness.



Hindi Diwas: 14th September 2022

मनकीभाषा, प्रेमकीभाषा, हिंदी है भारतजनकीभाषा।

Hindi is a widely spoken and primary official language of the Republic of India. Hindi Diwas is celebrated to spread awareness about the importance of the language in the country.

To commemorate and celebrate the language, the week witnessed a wide range of cultural programmes, which were organized by the Department of Hindi to enrich the students with various insights, scope, development and popularity of the language.

